

**Prescott
Meals On Wheels
Café on Rosser**

open
Monday through Friday
from 11:15am to 12:45pm

For registered diners 60 years and
over a donation of \$6 is suggested.

For all other diners a
\$7 payment is required.
No reservation needed
Please join us for lunch!
Milk, Coffee, Juice
Included

Office Hours
Monday - Friday
8:00 am to 3:00 pm

1280 E Rosser Street, Suite A
Prescott, AZ 86301



**June
2025**

Phone: 928-445-7630
PrescottMealsOnWheels.org
See Our Menu Online

Food and drug interactions

- Certain foods and drinks can interact with the medications you may be taking.
- Food-medication interactions may lower the effectiveness of medications or, in some cases, cause mild to serious side effects.
- Ask your pharmacist or healthcare provider if any of your medications may interact with certain parts of your diet.
- Alcohol can also interact with medication. Always check with your doctor before drinking and taking medication.




MEALS on WHEELS
Serving Prescott and Prescott Valley

Please note that menus are subject to change without notice.

Allergy Alert: Please be advised that food prepared here may contain these ingredients or traces of these ingredients: Milk, Eggs, Wheat, Gluten, Peanuts, Soybeans, Tree Nuts, Fish and Shellfish.

WHOLE WHEAT BREAD & SALAD INCLUDED WITH EACH CAFÉ ON ROSSER LUNCH

<u>Monday June 2</u>	<u>Tuesday June 3</u>	<u>Wednesday June 4</u>	<u>Thursday June 5</u>	<u>Friday June 6</u>
BAKED HAM Scalloped Potatoes, Green Salad, Whole Wheat Roll, Strawberries	CHICKEN PARMESAN Yellow Squash, Kale, Breadsticks, Peaches	TUNA CASSEROLE Succotash, Whole Wheat Roll, Berry Medley	HAWAIIAN HAYSTACKS Chicken, Ham, Swiss Cheese Broccoli, Carrots, Plums	QUICHE Tomato, Spinach, Potatoes, Peppers, Onions, Whole Grain Biscuit, Applesauce
<u>Monday June 9</u>	<u>Tuesday June 10</u>	<u>Wednesday June 11</u>	<u>Thursday June 12</u>	<u>Friday June 13</u>
CHICKEN ALA KING Broccoli, Cauliflower Medley, Whole Wheat Roll, Berries	BAKED ZITI Squash Medley, Spinach, Whole Grain Garlic Bread, Apples	PHILLY CHEESESTEAK Peppers, Onions, Butternut Squash, Blueberries, Bananas	ORANGE CHICKEN Sticky Rice, Asian Style Veggies, Oranges	COB SALAD Turkey, Bacon, Egg, Bleu Cheese, Tomato, Lettuce Whole Wheat Roll, Croutons, Oranges
<u>Monday June 16</u>	<u>Tuesday June 17</u>	<u>Wednesday June 18</u>	<u>Thursday June 19</u>	<u>Friday June 20</u>
CHICKEN STRIPS Oven Fries, Corn Medley, Applesauce	SPINACH, HAM FRITTATA Hash Browns, Stewed Tomatoes, Bananas	ROTINI PASTA ALFREDO Grilled Chicken, Zucchini Medley, Garlic Toast, Apples	<u>CLOSED</u> <u>FOR</u> <u>JUNETEENTH</u>	BAKED COD Rice Pilaf, California [®] Veggies, Slaw, Pineapple
<u>Monday June 23</u>	<u>Tuesday June 24</u>	<u>Wednesday June 25</u>	<u>Thursday June 26</u>	<u>Friday June 27</u>
CHICKEN AND DUMPLINGS Whole Wheat Biscuit, Green Beans, Apples. Oranges	HAM, BROCCOLI BAKED POTATO Snap Peas, Whole Wheat Roll, Pears	ROASTED PORK Mashed Potatoes, Cabbage, Carrots, Whole Wheat Biscuit, Peaches	MEATBALL SUB Orzo Pasta, Peas, Onions, Fruit Cocktail	CHEF'S SALAD Mixed Greens, Ham, Turkey, Cheese, Ranch, Whole Wheat Roll, Pineapple
<u>Monday June 30</u>				
SLOPPY JOES Whole Wheat Bun, Oven Fries, Broccoli Medley, Apple Sauce				

"Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Assistance and alternate forms of communication are available upon request under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975. NACOG Aging prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. NACOG Aging must make a reasonable accommodation to allow a person with a disability to take part in Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities."