



Apr-May 2019

Inside this issue:

More than a Meal	1
Master Chef III	2
Facility Rental	2
Volunteer Appreciation Week	3
Sponsor Spotlight	4
The Cutting Edge Team	
Sponsors	4

Save the Date:

Master Chef III
May 18

Did you know:

We added another route to Prescott Valley!

We now have a total of 16 routes:

10 in Prescott

6 in Prescott Valley

Serving 250 homebound clients daily.

Thank you for helping us expand our reach in our community!

More than a Meal
What exactly does that mean?

When we mention that we are more than a meal, we want to share with you what that truly means to our clients and to our volunteers.

Prescott Meals On Wheels provides three things:

- 1) A nutritious, freshly prepared meal daily
- 2) A wellness check with each meal delivery
- 3) Precious moments of conversation and socialization

Each of our volunteer drivers delivers more than a meal because that is what our clients **need**. Oftentimes, our volunteers are the only people that our clients come in contact with on a daily basis. Providing moments of conversation, even if brief, can have a huge **impact**. Knowing that someone truly cares about how you are or how you are feeling is important to everyone; it demonstrates that you matter and that you are being heard.

Recently, one of our volunteer drivers went to deliver a meal only to discover that the client had been lying on the floor all night, in pain and scared. Her cries for help were not heard by her neighbors. She had a mild stroke and needed immediate medical attention. Our volunteers genuinely care about our client's safety and well-being and stay with them until medical help arrives. We are happy to share that she is doing well and is back at home receiving meals.

There is a deep sense of **security and safety** knowing that someone from Prescott Meals On Wheels will be there Monday-Friday to not only deliver a meal, but they are there to ease social isolation and most importantly, make sure that they are ok.

Thank you for helping us offer **More Than a Meal** to homebound individuals in our community.



Chef Robert Davis will be creating a five-course meal with assistance by local honorable veterans going through the U.S. VETS Culinary program. This program teaches new skills that can be applied towards employment in the restaurant industry, and the veterans will learn additional techniques and more by assisting Chef Robert at this memorable event.

Tickets are \$75.00 each and can be purchased by:

Phone: 928-445-7630 x605

In person: 1280 E. Rosser St. Prescott

Online: www.PrescottMealsOnWheels.com

Master Chef is back!!

This unique fundraising event benefits both Prescott Meals On Wheels and U.S. VETS Prescott

The Menu

Soup

Jalapeno Cream

Salad

Chorizo stuffed quail with vegetables, yucca crisps and prickly pear vinaigrette

Appetizer

Roasted lollipop of lamb with mint glaze jicama slaw

Entrée

Beef short rib with polenta of masa and apple cider

Dessert

Pomegranate flan

Looking for a place to host your next meeting or event?

Consider our Hilltop dining room and/or kitchen.



Our recently updated dining room facility can accommodate up to 130 people theatre style or 105 dining style. Have your event catered or potluck style, or rent out our kitchen area to prepare your own food.

Rental fees start at \$35 per hour with a monitor fee of \$15 per hour.

Contact Rita Perez for additional information: 928-445-7630 x602 or ritapmow@gmail.com



It's National Volunteer Appreciation Week from April 7-13

Prescott Meals On Wheels could not fulfill its mission without the amazing dedication of over 175 volunteers!

Here's a look at where all of our volunteers help us throughout the year.

Driving and delivering meals:

We currently have 10 routes in Prescott and 6 routes in Prescott Valley. Combined, we deliver meals to anywhere between 175-200 people daily. Our drivers are committed to driving a route one day a week, or more if they choose.

Packing and serving meals / Dining room:

Each day of the week, our kitchen volunteers start around 8am to get the cold part of the lunches packed up in coolers, and then when Chef John has the hot meal ready, they pack up the hot lunches and get the drivers ready to start delivery. These volunteers also stay until 1pm to serve lunch to guests in our dining room. We also have volunteer greeters in our Hilltop Dining room, who greet guests, collect payment for lunch and offer assistance to those who need it.

Thrift store:

Our "New to You Boutique" thrift store is 100% run by volunteers Monday-Thursday from 9:30am-2:30pm. They rotate items in and out, manage the pricing of items and displays, and create visual displays in our dining room.

Special events / Animeals / Office

We also have volunteers who help out with special events both day of and on planning committees. Some volunteers help out in the office with random projects, data entry or filing. We have donation coin cans at various locations and have a few volunteers who go around to collect them. Our Animeals program is managed by volunteers who go around to various veterinarians and animal stores to pick up donated product and then sort them to be distributed to our clients who are in need of pet food.

We truly are extremely **GRATEFUL** for our volunteers and look forward to seeing them each day.



Sponsor Spotlight

Jinger Cutting and the Cutting Edge Team

1280 E. Rosser St.
Prescott, AZ 86301

P: 928-445-7630
F: 928-445-1725

Email:
PMOW@cableone.net

Board of Directors

Shannon Vialpando
President

Jean Littlehale
President Elect

Dave Marston
Treasurer

Marcie Schroeder
Secretary

Ryan Baynes

Carole Freeman

Jim Lark

Dennis Light

Earl Moss

Bob Painter

Staff

Bert Ijams
Executive Director

Ann Marie Boutin
Client Services Coordinator

Michelle Brien
Development Coordinator

Billi Jo Stedman
Volunteer Coordinator

Rita Perez
Office Coordinator

John Lemieux
Chef

Ryan Schultz
Prep Chef

Bob Struebing
Dishwasher / Custodian

Are you on Facebook?
So are we!



Like our page!

Jinger and The Cutting Edge Team are one of Prescott's most trusted and top-selling real estate teams servicing the Prescott Quad Cities. With nearly 40 years working in the real estate industry, Jinger and her team bring experience, excellent customer service and a commitment to work hard, listen and follow through. Providing quality service to build relationships with clients and more importantly, maintain those relationships by communicating effectively.



Contact The Cutting Edge Team at:
220 W Goodwin, Suite 5 Prescott AZ
Office: 928.499.4546

Email: Prescott@JingerCutting.com or PrescottIsThePlace@gmail.com

Thank you to our Sponsors

AARP	Lamb Chevrolet and Team Lamb
ABRiO Care	LifeVantage
Alta Vista Senior Living Community	Lincoln Elementary Reading & Feeding
American Legion Post 6	Meals on Wheels America
APS	Olsen's Grain Prescott
Area Agency on Aging NACOG	Prescott Area Young Professionals
Arizona Community Foundation	Prescott Evening Lions
AZ Department of Economic Security	Prescott Noon Lioness
AZ Diamondbacks Foundation	Rockwell C. Webb Foundation
Barrett Propane	SYNERGY HomeCare
CFC Combined Federal Campaign	United Way of Yavapai County
Charity Publishing	WalMart
Evangelical Lutheran Good Samaritan Society	Yavapai Prescott Indian Tribe
Funny Bones and Home & Land Publication	Yavapai Regional Medical Center
Jinger Cutting and the Cutting Edge Team	Yavapai Title Agency Employee Giving