

August - September 2020

A warm hello to all of you!

We hope that you are all safe and healthy. All of us here at Prescott Meals on Wheels are doing well, staying positive and focused so that we can fully be present for our clients and volunteers. Our staff and volunteers are committed to following all safety protocols to ensure that we stay healthy, because if we don't, that has a huge effect on our 300 clients we deliver meals to weekly. **They need us, so it is our priority to make sure that we are wearing masks, social distancing and sanitizing like crazy!**

We miss you all, terribly. We miss seeing all of our volunteers who are not here helping with our Hot+4 weekly delivery. We miss the guests who dine in our Café on Rosser daily. We miss visiting with our sponsors and donors and connecting with fellow members in our community. We encourage you to stay connected to us by liking and following our Facebook page, signing up for our online newsletter, checking out our website for updated information, or send an email or call and say "Hi". We love hearing from all of you and genuinely care about how you are doing.

So what do we have planned this fiscal year you ask?

Providing nutrition and wellness care to our clients is first on our list. We have cancelled fundraising activities through 2020 and hope that Queen of Hearts and Master Chef will resume in March and May 2021. **Client outreach** will ramp up considerably as we need to reach those who need our services. We know you have friends, family members and neighbors who can benefit greatly right now and we want to help. We have a great Outreach Committee who are working on driving our Prescott Meals on Wheels van to not only deliver meals to our current clients on Wednesdays, but will also be visiting senior living facilities to offer free meals and information on becoming a client if they need our services. If you see our van out and about, honk and wave! We just launched a new recurring donation program called **Kitchen to Kitchen** and will be promoting our **Planned Giving Legacy** campaign. These ways of giving provide security and sustainability to enable us to continue to cover the costs of our meals for those unable to pay. The need in our community is greater than ever and we want to **thank you** for your continued support in our mission.



Masked and Grateful,

All of us at Prescott Meals on Wheels

CARS Vehicle Donation

We'll Take That, Too!

We accept all types of vehicles donations: cars, motorcycles, RVs, boats and more. The process is easy, pick-up is free, and your gift is tax-deductible!

Call Today! 855-500-7433



We accept all types of vehicle donations running or not, like cars, trucks, motorcycles, RVs and even boats. Plus, our vehicle donation program makes it easy and takes care of everything. We'll arrange for the free pick-up and handle all the paperwork, including sending you a donation receipt for your tax-deductible gift. Vehicle donations can drive hundreds of dollars in support of our programs that allow seniors to age with dignity and without fear of hunger. Call 855-500-7433 or visit our vehicle donation website at: <https://careasy.org/nonprofit/Prescott-Meals-on-Wheels>

Sweet little poem from one of our homebound clients on the Yellow Route in Prescott

This ditty is for the yellow crew,
To them I'm saying, "Oh my, boo-hoo"
Not seeing you has made me feel blue
and each day I so looked forward to
seeing you.

I pray that God will take care of you
and through this crisis, he will see us all
through.



Are you on FACEBOOK?

Did you know that you can set up an online fundraising page with Facebook?



It's super easy to do!

Go to our Facebook page:

<https://www.facebook.com/PrescottMealsOnWheels/>

Click on the section **FUNDRAISERS** and **CREATE**

- You choose how much you want to raise.
- Write a little about yourself, how you are connected to Prescott Meals on Wheels and why are you fundraising.
- Then **share, share, share!**
- All donations are tax-deductible and can be applied towards the Arizona Tax Credit.

Volunteer Spotlight - Miranda Chatham

Miranda has been a volunteer with Prescott Meals on Wheels since 2005. She had been volunteering three days a week on the same days that she also played bridge at the Adult Center. Now that COVID has halted most social activities, Miranda had to purchase a computer to play bridge online so she can keep her mind sharp and stay connected with her friends while making new ones.

The one thing she misses is connection with people and having conversations face to face. Miranda was a volunteer in both our dining room and thrift store and truly enjoyed her interactions with others. She has made some great friends here that she stays connected to via phone. Miranda is a delight to work with and is just a cute little German spitfire full of passion and enthusiasm, who speaks Greek, French and Arabic.

Miranda moved to the Prescott area in 2005 from Sonoma County, CA. She misses the beautiful green mountains, wine tasting and plentiful options of fine dining, but wanted to be near her daughter who was moving here. At the time, Miranda was 78 and wanted to be sure that she could get acclimated to a new area and learn her way around before it became difficult for her. She's now 93 and is just as active and spunky as ever. Now that she's been home and not able to walk due to the Summer heat nor exercise in her apartment building because the gym is closed, staying home has not been fun for her. When our dining room reopens, please come and visit Miranda on Monday or Friday and be sure to say Hello to her. She is a lovely woman and we are lucky she has decided to dedicate her time and heart to Prescott Meals on Wheels.



In *loving memory* of those who are forever in our hearts



Dorothy "Dot" Hottinger

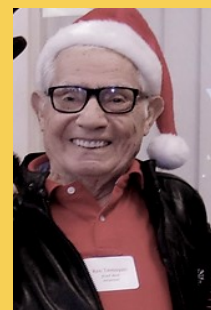
December 11, 1927 - May 29, 2020

Dot, along with her two sisters Shirley and Betty, was a truly dedicated and long-time volunteer since 1986. They all volunteered together in the thrift store and in the kitchen, packing and serving meals, and took on many other volunteer projects, such as putting together Halloween candy bags for our clients. Dot continued to volunteer in the kitchen after both of her sisters passed. Dot retired from volunteering in 2018 after 32 years of service.

Ken Temoyan

May 28, 1932 - May 29, 2020

Ken started volunteering in 2014 as a driver. After some health issues, driving and lifting became difficult for him so he then moved to our Café on Rosser reception desk, and helped with random meal deliveries if a client wasn't home or had just started and needed a meal. He helped deliver "Be a Santa to a Senior" gifts. He was also a volunteer for the Prescott Elks theatre in downtown Prescott as an usher whom you would find dancing in the aisles with the guests.





1280 E. Rosser St.
Prescott, AZ 86301

P: 928-445-7630
F: 928-445-1725

Email:
PMOWcares@gmail.com



Sponsor Spotlight

As one of the largest grocery retailers in North America, the Albertsons Company Foundation finds that supporting hunger relief programs is a natural fit. They are proud to be one of the largest contributors to food banks and hunger-relief programs in the neighborhoods that they serve.

Nourishing Neighbors raises awareness, engages volunteers and raises funds to support innovative and effective programs throughout the country. During this time of COVID-19 they are quickly responding to the demands and basic needs of the over 2,200 communities that they serve. Albertsons Companies' stores are working hard to ensure that their communities have access to the healthy food they need even as they face uncertainty in their lives. They have also implemented the Appreciation Pay program for their hourly employees, temporarily providing an additional \$2 per hour beyond regular pay and overtime and \$100 per week to salaried frontline team members.



The Albertsons Foundation has committed \$50 million toward hunger relief and is dedicated to bettering the lives of the people in their neighborhoods. Safeway is a part of the Albertson's Company.

Board of Directors

- Earl Moss**
President
- Richard Ach**
President Elect
- Jean Littlehale**
Immediate Past President
- Larry Culver**
Treasurer
- Dennis Light**
Secretary
- Ryan Baynes**
- Carole Freeman**
- Jim Lark**
- Dave Marston**
- Kristyne Olson**
- Shannon Vialpando**

Staff

- Bert Ijams**
Executive Director
- Mary Brown**
Client Services Coordinator-
Prescott Valley
- Katie Farley**
Client Services Coordinator-
Prescott
- Michelle Brien**
Development Coordinator
- Billi Jo Stedman**
Volunteer Coordinator
- Ashley Hamilton**
Office Coordinator
- Joseph Wohl**
Chef / Kitchen Manager
- Dorothea Kassah**
Kitchen Technician

THANK YOU to our Sponsors

- | | |
|--|---|
| AARP | NACOG Area Agency on Aging |
| Able and Ready Construction, LLC | Net Results Media |
| Allegra Print and Marketing | Nourishing Neighbors |
| Alta Vista Senior Living Community | Olsen's Grain Prescott |
| APS | PAWUIC (Prescott Area Wildland Urban Interface
Commission) |
| Arizona Community Foundation | Pioneer Title Agency |
| AZ Department of Economic Security | Prescott Evening Lions |
| City of Prescott | Prescott Noon Lioness |
| Funny Bone | Rockwell C. Webb Foundation |
| Galpin Ford | Sons of American Legion Post 6 |
| Home & Land Publication | St. Luke's Episcopal Church |
| Independent Order of Odd Fellows | Thumb Butte Medical Center/ Dr. Askari |
| Jinger Cutting and the Cutting Edge Team | United Way of Yavapai County |
| Kroger Foundation | WalMart |
| Lamb Chevrolet Auto Group | Yavapai-Prescott Indian Tribe |
| Lincoln Elementary / Reading & Feeding | Yavapai Regional Medical Center |
| Margaret T. Morris Foundation | Yavapai Title Agency |
| Meals on Wheels America | |