



We made it through 2020 and that, in and of itself, is worth celebrating!

As we move into 2021 we continue to overcome challenges related to the pandemic, but the light can be seen at the end of the tunnel. All of us at Prescott Meals On Wheels pledge and promise that we will continue to fulfill our mission and follow each and every established safety protocol while doing so.

We continue to assist more individuals needing the services we provide and because of our donors, volunteers and staff we are able to provide assistance immediately. Please, if you know of anyone living in Prescott or Prescott Valley that would benefit from Prescott Meals On Wheels we would be happy to speak with them. Our telephone number is **928-445-7630** and there is a lot of information to be found on our website [PrescottMealsOnWheels.com](http://PrescottMealsOnWheels.com).

All of us at Prescott Meals On Wheels wish you and yours a Happy New Year that brings good health and the ability to safely hug one another once again!

Coming in 2021 - Get ready for the Prescott Meals On Wheels



Sponsored by:

**AARP**<sup>®</sup>  
**Arizona**



**DATES:** Thursday, April 22 and Friday, April 23, 2021

**TIME:** 9:00 am - 12:00 pm BOTH days or until the trucks are full

**LOCATION:** Prescott Gateway Mall

Four office sized boxes maximum per vehicle.

Suggested donation to Prescott Meals On Wheels is \$2 per box.

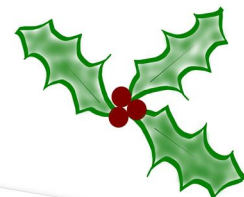
*Here's why your Tax Credit contribution to Prescott Meals On Wheels is so important to seniors in Prescott, Prescott Valley and to YOU:*



- ⇒ Arizona taxpayers may contribute up to \$800 as a couple and \$400 for individuals.
- ⇒ Prescott Meals On Wheels is a 501(c)3 nonprofit organization. Our Tax Identification Number is 86-0417621. Donations can be made until April 15, 2021 to count for the 2020 tax year.
- ⇒ We are recognized by the State of Arizona as a Qualifying Charitable Organization #20219.
- ⇒ We do not cap or limit the number of seniors we serve - no one is turned away. Last year we served over 71,000 meals.
- ⇒ Your support makes the vast majority of our meals possible.
- ⇒ There are many ways to contribute!
  - Online at [www.PrescottMealsOnWheels.com](http://www.PrescottMealsOnWheels.com)
  - By mail or in person, 1280 E. Rosser Street, Prescott, 86301 - Monday-Friday 8am-3pm
  - Over the phone by calling (928) 445-7630 x605



Prescott Meals on Wheels was delighted to be a part of the 2020 Be a Santa to a Senior program hosted by Home Instead Senior Care. It has been a challenging year and this program has made Christmas a little brighter for some of the wonderful people served by Prescott Meals on Wheels. We send our deepest gratitude to Home Instead Senior Care, Alta Vista Senior Living Community, BloomTree Realty and our creative, dedicated team of volunteers! With the help of ALL the amazing "Santas" we were able to purchase and deliver gifts to 100 people!





# Volunteer Spotlight

Introducing one of our kitchen leads: Colette Gelrud. Colette has volunteered since August 2016, after her friend and former volunteer, Phyllis Brown, introduced her to Prescott Meals on Wheels. Colette loves the camaraderie with staff and volunteers and what Meals on Wheels does for our community. Colette is a permanent lead in the kitchen one day each week, and is always willing to help out in the office or anywhere needed. Many of the congregate clients would come into the Café on Rosser for the socialization, and Colette made it her mission to put a smile on their face. Colette brings a smile and joy to every little project!



Colette has worked as a Mary Kay Consultant and Administrator for the past 32 years. Prior to her career in Mary Kay, she attended nursing school and was a Licensed Vocational Nurse for 6 years. When she is not working or volunteering with Prescott Meals on Wheels, she leads a Bible Study with the Heights Church and enjoys her many hobbies, such as mountain biking, hiking, golfing, and traveling in the RV with her husband of 42 years. Colette's favorite place to travel is the Caribbean, specifically St. Lucia Island, and she would really like to travel to Israel someday.



*Winners pictured (from left): Sandi Hoppe, Ashley Hamilton, Katie Farley, Mary Brown (with the trophy) and Mickey Steves*

Volunteer, Mickey Steves and her husband Allan came to Prescott Meals on Wheels to volunteer as drivers in August 2018, after previously volunteering with Meals on Wheels in Scottsdale. Mickey continues to enjoy the adventures as a volunteer because of the relationships she has built with the clients. Mickey says, "It is very heartwarming to see how appreciative the clients are every time you come to their door. I also love working with all of the staff because they are so dedicated, making the impact so real."

Mickey spearheaded the task of creating an entry for the 2020 Gingerbread Village display at the Prescott Resort. Mickey, along with another volunteer, Sandi Hoppe, and staff members, Mary, Ashley, Katie and Desi, created a beautiful Prescott Meals on

Wheels Village that received third place in the business category! Mickey thought the gingerbread village would be a fun way to help promote Prescott Meals on Wheels in the community, after being inspired by the way our Executive Director, Bert Ijams, talks about the impact and importance of Prescott Meals on Wheels in our community.

When she wasn't helping with the gingerbread village, Mickey has been spending her COVID days reading, baking cookies, watching movies, hiking and volunteering.



# Sponsor Spotlight



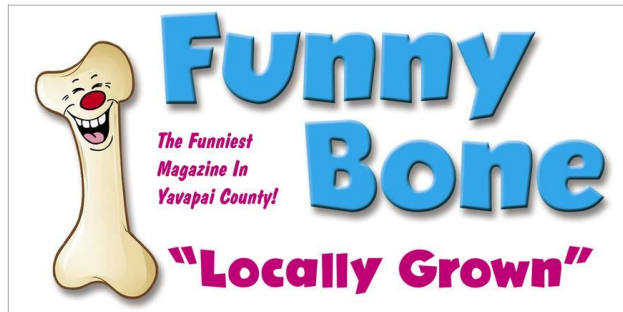
1280 E. Rosser St.  
Prescott, AZ 86301

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F: 928-445-1725

Email:  
PMOWcares@gmail.com



Funny Bone Magazine is a monthly publication that tickles your "funny bone" with it's silly pictures and catchy memes. Readers are encouraged to participate in a Caption Contest for photos selected by Funny Bone for the next publication, and the winners are as funny as you'd expect!



Funny Bone became a Gourmet level sponsor by donating free advertising space to Prescott Meals on Wheels! We are so grateful for this kind of contribution because it allows Prescott Meals On Wheels to share our message with a broader audience.

For more information on advertising, subscriptions or the famous Caption Contest, please visit <http://www.funnyboneaz.net/home.html>.

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## THANK YOU to our Sponsors

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Lincoln Elementary / Reading & Feeding	Yavapai Title Agency
Margaret T. Morris Foundation	

[www.PrescottMealsOnWheels.com](http://www.PrescottMealsOnWheels.com)

## Staff

**Bert Ijams**  
Executive Director

**Mary Brown**  
Client Services Coordinator  
Prescott Valley

**Katie Farley**  
Client Services Coordinator  
Prescott

**Billi Jo Stedman**  
Volunteer Coordinator

**Ashley Hamilton**  
Office Coordinator /  
Development Assistant

**Joseph Wohl**  
Chef / Kitchen Manager

**Dorothea Kassahn**  
Prep Cook

**Kraytin Kassahn**  
Kitchen Technician