



**MEALS on WHEELS**

**PRESCOTT**

TOGETHER, WE CAN DELIVER.



## June-July

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### Save the Date:

Rolling Stones  
Raffle ends 8/23

### Did you know:

Below are some fascinating facts about us from July-May:

Meals served and delivered:

55, 564

Volunteers

180

Volunteer Hours

17, 096

## Other ways to support Prescott Meals on Wheels!

We, without a doubt, appreciate you and your support of Prescott Meals on Wheels. Without it, we would not be able to serve over 200 meals a day! But, did you know about these other ways that you may be able to support? Check them out and see if it's a fit for you.



### FRY'S COMMUNITY REWARDS PROGRAM

Shop and Give at the same time. Register your [Fry's V.I.P. Club Card](#) at [www.FrysCommunityRewards.com](http://www.FrysCommunityRewards.com) once you sign up, select Prescott Meals on Wheels as the community service organization you would like to support. Once you're enrolled, you'll earn rewards for us every time you shop and use your V.I.P. card!



### AMAZON SMILE

When you shop on Amazon, choose their [Amazon Smile](#) site at [www.smile.amazon.com](http://www.smile.amazon.com) and select Prescott Meals on Wheels as your charity of choice. Amazon will donate 0.5% of the purchase price on eligible items.



### EMPLOYEE MATCHING GIFT PROGRAM

How amazing is this? Some employers will match either the full amount or a portion of your donation, or contribute an amount towards your volunteer hours. You'll need to check with the HR department for details and information to set up the match.



### NEW TO YOU BOUTIQUE THRIFT STORE

Our quaint little thrift store accepts clothing, jewelry and accessories, home and kitchen goods, art and more! If you are cleaning out your storage, garage or closets, consider dropping your items off here. The store is open M-Th from 9:30-2:30. *\*Please no large furniture or appliances*



### DONATE YOUR OLD CAR, MOTORCYCLE or BOAT

Have an unwanted motor vehicle taking up space... running or not? Our friends at CARS can easily come pick it up. You get a tax deduction and we receive the donation. Call 855-500-RIDE (7433) or visit: <https://careasy.org/nonprofit/Prescott-Meals-on-Wheels>

[www.PrescottMealsOnWheels.com](http://www.PrescottMealsOnWheels.com)

## Will you be the winner of two ROLLING STONES tickets?!

The Rolling Stones have new 2019 tour dates so our opportunity raffle is back in action!

Purchase an opportunity raffle ticket for \$25.00 for a chance to **win two tickets** to see the Stones in concert on Monday, August 26th in Glendale.

Prize also includes premium parking at the State Farm stadium, a one night stay in a deluxe room at the Clarendon hotel in downtown Phoenix and a \$100 Visa gift card.



**Ticket sales end at 3pm on Friday, August 23 and the winner will be announced by 4pm. For more information and to purchase tickets call Michelle Brien at 928-445-7630 x605 or visit: [www.prescottmealsonwheels.com](http://www.prescottmealsonwheels.com) and go to the News and Events tab**

events

Master Chef, our yearly collaborative event on Armed Forces Day with U.S. VETS Prescott, was a great success this year! The event featured a five-course meal created by local chef Robert Davis with Alta Vista Senior Living, assisted by our very own chef John and five honorable veteran residents who participated in a 13 week culinary course as part of a transitional housing program with U.S. VETS.

This event gets better and better every year, raising more money for two amazing and much needed organizations in our community. Don't miss out on the next one!

**Save the Date: Saturday, May 16, 2020**



### HELP US CHEER UP THE LONELY!

As you know, many of our homebound clients are lonely. For some, our volunteer drivers are the only people they may interact with for the day... or even for the week.

We are always thinking of ways to reach out to our clients who are socially isolated, so that they

know someone cares. For ***National Cheer Up the Lonely Day on July 11th***, we will be accepting cards or letters from you to give to our homebound clients along with their meal. If you would like to help us Cheer up the Lonely, please drop off your cards or letters to anyone in the office on Monday-Friday between 8:00am-3:00pm before July 11th.



National Cheer Up the Lonely Day July 11  
[www.NationalDayCalendar.com](http://www.NationalDayCalendar.com)

**THANK YOU FOR HELPING US BE MORE THAN A MEAL!**

## Volunteer Corner with Billi Jo

Meet our spunky kitchen volunteer, Wanda Lou. She has been volunteering in our kitchen for over one year, enjoys volunteering at our special events and also spent some time working as a prep cook in our kitchen. When Wanda Lou decided to retire, she wanted something to do. So she began donating her time to her community as a volunteer in many different avenues with some being the United Animal Friends, Yavapai Food Bank, DAV and Noah's Thrift Stores. She learned that she is very drawn to our demographic of people and when she arrived at Prescott Meals on Wheels, the office staff was so inviting and friendly that she just had to be part of our amazing team. Wanda Lou is a treasured kitchen volunteer who substitutes when volunteers are out for several weeks at a time. Wanda Lou is known for her friendliness, sense of humor, work ethic and training ability. Her motto is "You give to give; and end up getting more in return."

Wanda Lou was raised in the San Francisco Bay area and has resided in Prescott for over 24 years. She worked for the Grand Canyon Foundation in the Hospitality Industry for 16 years from 1982-1998 with 8 of those years being at Phantom Ranch at the bottom of the Grand Canyon. She also earned V.I.P status for having over 200 volunteer hours at Grand Canyon Park in which she received a Grand Canyon belt buckle and a free park pass for one year. She enjoys spending time in the outdoors and believes the weather in Arizona is absolutely perfect. Wanda Lou spends her free time kayaking, biking, hiking, thrift store shopping and completing puzzles. Cake Decorating and organization are two of Wanda Lou's talents. She is a dedicated caregiver for her father and also travels with her husband, Dave, on his endeavors as a marathon swimmer. **Thanks for being YOU Wanda LOU!!**



### **VOLUNTEERS NEEDED!**

Want to deliver meals and make a difference in your community?

Connect with our Volunteer Coordinator, Billi Jo and talk with her about being a volunteer driver with us. The commitment is one day a week for approximately 2-3 hours. We also reimburse your mileage.

[billijopmow@gmail.com](mailto:billijopmow@gmail.com)

928-446-7630 x 600



### **Summer is here and so is our monthly Ice Cream Social!**

When you dine-in at our Hilltop Café on the below dates, you'll be treated to a yummy ice cream dessert. Lunch hours are Monday-Friday from 11:15-12:45. Cost is \$5.00 for those who are over 60 and registered, or \$6.00 for anyone else. All ages are welcome!

🍒 Friday, June 21

🍒 Friday, August 23

🍒 Friday, July 19

🍒 Friday, Sept 20



**Check out their assistance programs and money-saving options.**

We all know Arizona summers can be tough on electric bills. To help you get ready for summer, APS created 100 Days of Helping. Explore all your options to save now and all year long, including:

**Energy Support Program**

Qualified customers receive a 25% discount on their electric bill each month.

**Crisis Bill Assistance**

Qualified customers receive up to \$400 a year to help with their electric bill.

**Budget Billing**

Even out your bill highs and lows and pay about the same amount each month.

**Your APS Plan**

Compare plans to make sure you're on the one that's right for you.

**Energy-Saving Tips**

Find many ways to save energy and money in every room of your home.

**To learn more about these and all the ways you can save on your energy bill, visit [aps.com/helping](http://aps.com/helping).**

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**Ryan Schultz**  
Prep Chef

**Bob Struebing**  
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## Thank you to our Sponsors

- |   |                                      |
|---|--------------------------------------|
| AARP  | Lamb Chevrolet and Team Lamb         |
| Alta Vista Senior Living Community          | LifeVantage                          |
| Allegra                                     | Lincoln Elementary Reading & Feeding |
| American Legion Post 6                      | Meals on Wheels America              |
| APS   | Olsen's Grain Prescott               |
| Area Agency on Aging NACOG                  | Prescott Evening Lions               |
| Arizona Community Foundation                | Prescott Noon Lioness                |
| AZ Department of Economic Security          | Ride Prescott                        |
| AZ Diamondbacks Foundation                  | Rockwell C. Webb Foundation          |
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| City of Prescott                            | Unisource Energy                     |
| Evangelical Lutheran Good Samaritan Society | United Way of Yavapai County         |
| Fraternal Order of Eagles                   | WalMart                              |
| Fry's Food Stores                           | Yavapai Prescott Indian Tribe        |
| Funny Bones and Home & Land Publication     | Yavapai Regional Medical Center      |
| Jinger Cutting and the Cutting Edge Team    | Yavapai Title Agency Employee Giving |

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So are we!



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