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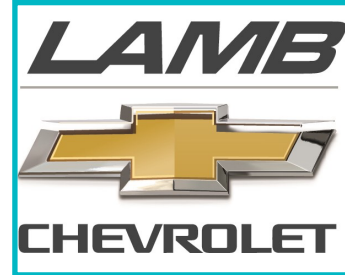
Joseph Wohl
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Dorothea Kassahn
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Sponsor Spotlight

Lamb Chevrolet

Lamb Chevrolet has served Prescott, AZ and surrounding areas since 1957. Located on the corner of Highway 69 and Prescott Lakes Parkway, covering over 10 acres of land. They offer a great selection of new and used vehicles, as well as a knowledgeable service and parts department. They are dedicated to providing exceptional customer service, as well as giving back to their community.



Lamb Chevrolet has generously contributed to our mission since 2018. Their employee giving program has continuously helped raise funds for Prescott Meals on Wheels. They match all donations that their employees donate throughout the year.



Lamb Landmark 50 foot American Flag

If you are in the market for a new vehicle we encourage you to visit Lamb Chevrolet or check out their inventory online at:

www.lambchevrolet.com

THANK YOU to our Sponsors

- AARP
- Albertsons Companies Foundation
- Allegra Print & Marketing
- Alta Vista Senior Living Community
- Amazon Smile Foundation
- American Legion Post 6, Sons of American Legion
- APS
- Arizona Department of Economic Security
- Bobby's Repair
- City of Prescott
- Costco
- Dignity Health - YRMC
- Fry's Food Stores
- Funny Bone *monthly publication*
- Gato Community Gives
- Grama's Bakery
- High Desert Pet Hospital
- Holsum Bread
- Homes & Land *monthly publication*
- Jinger Cutting, Cutting Edge Team
- Kieckhefer Foundation
- Kroger Foundation
- Lamb Chevrolet Auto Group
- Kemper and Ethel Marley Foundation
- Meals On Wheels America
- Mile High Animal Hospital
- NACOG Area Agency on Aging
- Net Results Media
- Olsen's Grain Prescott
- Panera Bread
- Prescott Area Association of Realtors
- Rockwell C. Webb Foundation
- Thumb Butte Animal Hospital
- Wal-Mart
- Yavapai Prescott Indian Tribe
- Yavapai and Pioneer Title Agencies

www.PrescottMealsOnWheels.com

Latest news and info from Prescott Meals on Wheels

March - April 2022

There is still time to make an Arizona State Tax Credit Donation!

When you make a donation to Prescott Meals on Wheels, you can receive a dollar-for-dollar tax credit on your AZ state tax return. Receive up to \$400 for individuals and \$800 for those filing jointly. We are recognized by the state of Arizona as a Qualifying Charitable Organization (#20219).

Donations may be made up until April 18, 2022 to count toward the 2021 tax year.

It's easy to contribute:

- Online at www.prescottMealsOnWheels.com
- By Mail or in person, 1280 E. Rosser St. in Prescott M-F 8am-3pm
- Over the phone by calling (928) 445-7630 ext. 605



Shred-A-Thon

to benefit Prescott Meals On Wheels

Sponsored by



Are you ready to SHRED?
Mark your calendar!

DATES: Thursday, April 20, 2022
TIME: 9:00 am - 1:00 pm or until the trucks are full
LOCATION: Prescott Gateway Mall parking lot north of Dillard's
3250 Gateway Blvd, Prescott, Arizona
Four office sized boxes maximum per vehicle.

Suggested donation to Prescott Meals On Wheels is \$2 per box. Event volunteers and participants will follow current CDC social distancing and mask guidelines. The public will be asked to remain in their vehicle during the event. Participants are asked to please place documents in the trunk of their vehicle before arriving to have the documents shredded.

Questions? Call 928-445-7630 #605

Shredding your personal or sensitive documents is an important step to ensure your identity is not stolen and your financial and personal information is not compromised.

We ♥ our volunteers

VOLUNTEER APPRECIATION MONTH

In April we are celebrating National Volunteer Appreciation Month! Prescott Meals on Wheels is made up of almost 200 volunteers from all different walks of life. Our volunteers help carry out the day to day operations of the organization. It is safe to say, we could not operate without those who so kindly dedicate their time to help us fulfill our mission. From helping to prepare and pack the food, to driving and delivering the meals, it takes a village, and our village is amazing! Some of our volunteers have been with us for over 10 years. We asked Jim Pessin, who has been volunteering for over 28 years, what has kept him coming back. He responded by saying, "I've always found it satisfying. It is more fun than it is work." It is dedicated people like Jim that help make this organization successful. We look forward to celebrating our volunteers and showing our appreciation for all that they do.

Since 1990, Volunteer Appreciation Month has been celebrated in April across the nation. It is a way to say "thank you" to those who graciously sacrifice their own time to help those in need. During this month we encourage you to reach out to an organization in your community and volunteer your time. No matter your skill level or physical ability there is an opportunity for everyone.

If you are interested in volunteering at Prescott Meals on Wheels please contact Kristina at (928) 445-76301 ext. 600.



6 Ways You Can

GET
involved
unteer

- 1) Volunteer your time and keep the meals rolling;
- 2) Be an advocate for Prescott Meals on Wheels
- 3) Be our friend on Facebook
- 4) Speak up for Seniors—together our voices are amplified and make an even bigger difference
- 5) Donate if you can

El Gato Community Gives



Prescott Meals on Wheels was the grateful recipient of a generous donation made through the "EL Gato Community Gives" program.

Barry Barbe, owner of El Gato Azul in Prescott, founded this program to help give back to those in need. This program has supported many organizations in this community, and we are proud to be one of them.

During the holiday season 280 of Prescott Meals on Wheels clients received a \$50 dollar Safeway/Albertson's gift card. They could use when needed. El Gato's donation of \$14,000 made a huge impact on the clients we serve.

We would like to say thank you to Barry Barbe, El Gato Azul, and the El Gato Community Gives Program for their heartfelt donation to the clients of Prescott Meals on Wheels. We encourage you to visit El Gato Azul for a delicious lunch or dinner. Check out their website for more info:

www.elgatoazulprescott.com

Cucumber Tomato Salad

Veggies: (Place in a bowl)

- 2 peeled Hot House English Cucumbers - 1/8" slice
- 1/2 Medium Red Onion thinly sliced
- 2 Red Roma Tomatoes - slice 1/8" and rinse out seeds
- 3 Green Onions - Thinly sliced and only use scallions
- 1/2 cup Toasted Sesame Seeds

Dressing: (In a blender)

- 2 cups Seasoned Rice Vinegar
- 1 cup Canola or Olive Oil
- 1 TBSP Sesame Oil
- 1/2 cup Sugar
- 1 tsp Salt
- 1 tsp White Pepper
- 1 tsp Garlic
- 1 tsp Ginger

Blend on high for 30 seconds. Pour dressing on vegetables and mix well. Chill for 30 minutes and then top with toasted sesame seeds.

