

Sponsor Spotlight

Olsen's Grain—Prescott



Olsen's has been serving the region since 1980 and is proud to be northern Arizona's "Healthy, Holistic Pet Food and Treat" store. They offer more than 31 different, specialized brands of dog and cat food for health conscious pet owners who want to feed their pets the very best. Olsen's also carries pet toys, accessories, livestock feed, and a complete line of veterinary and farrier supplies. They are now offering pet food delivery within a 10 mile radius of the Prescott store. Purchases over \$25 is free, the cost is \$5 for purchases under \$25.

Since 2016, Olsen's Grain of Prescott has been hosting a register **Round-Up** event twice a year to benefit Prescott Meals on Wheels. Since 2014 they have been a generous contributor to our AniMeals Program offering pet food to our homebound clients.

We are tremendously grateful to Olsen's Grain of Prescott for their support of Prescott Meals on Wheels!

For more information please visit: olsensgrain.com

THANK YOU to our Sponsors

- | | |
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| AARP | Meals on Wheels America |
| Able and Ready Construction, LLC | Lamb Chevrolet Auto Group |
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| Albertsons Companies Foundation | NACOG Area Agency on Aging |
| Alta Vista Senior Living Community | Net Results Media |
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| Amazon Smile Foundation | OneAZ Credit Union |
| APS | PAAR (Prescott Area Association of Realtors) |
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| AZ Department of Economic Security | PAWUIC (Prescott Area Wildland Urban Interface Commission) |
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| City of Prescott | Prescott Evening Lions |
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| Gramma's Bakery | St. Luke's Episcopal Church |
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| Independent Order of Odd Fellows | Wal-Mart |
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| Kemper and Ethel Marley Foundation | Yavapai Regional Medical Center |
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www.PrescottMealsOnWheels.com



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FOOD FOR THOUGHT

Latest news and info from Prescott Meals on Wheels

May—June 2021

It's Time...



The time has come to throw open the doors and welcome our friends and diners back into the Café on Rosser dining room!

Please, mark your calendars for Monday, June 14, 2021 and join us for a delicious lunch prepared by Chef Joseph and served from 11:15am to 12:45pm.

In addition to opening the Café on Rosser, we anticipate resuming daily home meal deliveries on June 14 as well.



But wait, there's more! On June 14, 2021 the Adult Center of Prescott is partnering with Prescott Meals On Wheels to open the entire building to the public once again. There will be a raffle, news and information from community members such as NACOG-Area Agency on Aging, APS, City of Prescott Fire Department, Yavapai County Community Health Services, Alta Vista, Good Samaritan and more.

Doors to Prescott Meals On Wheels and the Adult Center of Prescott open at 10:00am with complimentary coffee and sweet treats!

1280 E Rosser Street, Prescott, Arizona



Prescott Meals On Wheels
928-445-7630
Adult Center of Prescott
928-778-3000

And...the results are in!!

The Shred-A-Thon was a great success! We would like to send a **HUGE** thank you to **AARP Arizona**. With their sponsorship, all donations went directly to Prescott Meals on Wheels for a total of **\$2550.80**. For the two days combined we shredded **15,529** pounds and had a total of **258** vehicles come through.

We would also like to say thank you to the **AMAZING** volunteers who came out and helped

us collect donations, unload boxes, and count vehicles. We could not have done it without them.



We enjoyed the opportunity to get out in the community and talk to people about Prescott Meals on Wheels, while also offering a service that is much needed in the community.



BECAUSE OF OUR VOLUNTEERS...

...we accomplish great things. It has been a challenging and unique year. Each of our volunteers played a special part, not only in our ability to continue delivering and providing wellness checks, but our ability to grow as an organization as well. Our clients have been amazed and appreciative of everything we have done throughout this pandemic. We are ever so grateful for each and every one of you who donate your time to volunteer.

Thank you, Thank you, Thank you!!!

Peanut Butter Mud Pie – Recipe

by **Chef Joseph**

Ingredients:

- 1/2 gal vanilla ice cream
- 1c. crunchy (or smooth) peanut butter
- 2c Oreo cookie crumbs
- 1/2c sugar
- 1/2c melted butter
- 1 Hershey chocolate bar

Filling:

Soften Ice cream at room temp. Mix in peanut butter (you can leave some unblended ribbons as desired). Set in fridge.

Crust:

Put Oreo cookie crumbs in large bowl, press and mix until crumbled into fine crumbs. Mix in sugar and melted butter - blend well. Press into 9 or 10 inch pie pan using your hand and parchment paper. Put in freezer for 15 minutes to set up.

Gently mix ice cream mixture. Put carefully into pie crust and spread with spatula until even. Shave chocolate strips from Hershey bar for garnish. Freeze for at least 3 hours, serve and enjoy!



Volunteer Spotlight

Dedicated kitchen volunteer, Meg Austin, has been a huge asset to Prescott Meals on Wheels for the past two years. After losing her husband, Meg came to Prescott Meals on Wheels in April 2019 looking for a place to learn how to move forward and begin living again. Meg stated, “When you give yourself out there for another cause, it makes you realize you are worth living for!”

Meg was born and raised in Wyoming. She spent 26 years of her career in Accounting at the Copper Mine in Bagdad which she found very interesting and diverse. Meg and her husband built their home in Prescott in 2003 and moved permanently in 2008 once he retired from the mine. Meg loves the outdoors and spends her time hiking, kayaking, and bird watching. However, traveling is something Meg loves most as she is always looking forward to her next adventure. Her favorite place in the world is Southern Italy where she and her husband traveled a couple of times and they always wanted to spend a couple of months.

Meg is an animal lover with two cats, one schnauzer and soon to have another schnauzer puppy this week. She also recently started volunteering with People who Care. When she is not traveling, or playing outdoors, Meg’s guilty pleasure is watching Netflix. Meg has a permanent shift in the kitchen, fills in to help Chef Joseph, and assists with other projects around Prescott Meals on Wheels.

Meg explained how her grandfather volunteered with Meals on Wheels in Casper, Wyoming and she previously delivered for Meals on Wheels in Laramie while attending college. Her favorite thing about volunteering at Prescott Meals on Wheels is the comradery amongst the volunteers. She explains that volunteering during the pandemic has really brought the kitchen volunteers closer. Meg stated “The beauty is coming together with a common goal but finding that it’s a great place to meet new friends as well.”



Looking for a meaningful and rewarding volunteer opportunity in your community? Prescott Meals on Wheels is currently seeking volunteer drivers to deliver meals, smiles and wellness checks to our home-bound clients in Prescott and Prescott Valley. Post pandemic, our permanent drivers, deliver one day per week Monday through Friday. The time commitment is roughly 3 hours from 10:00 am- 1:00 pm. Routes start and end at our office at 1280 E. Rosser St. in Prescott. All drivers are required to have a Level One Finger Print Clearance Card, current driver’s license, and auto insurance. We are also seeking volunteers who are willing to substitute as drivers to pick up routes when the permanent drivers are unable to drive Monday through Friday.

Volunteer drivers will receive mileage reimbursement and a lunch on the day they volunteer. We are also seeking a few more kitchen volunteers. Volunteers in the kitchen are required to have a Food Handlers card which is easy to obtain online.

Please contact our Volunteer Coordinator, Billi Jo Stedman at: (928) 445-7630 x 600 or email at billijopmow@gmail.com